



The Importance in Creating Immunization through Vaccines

As children pick up their book bags and a new school year begins, it has been a pre-requirement to receive age appropriate vaccines. These annual vaccines can prevent against infectious diseases such as chickenpox, rubella, measles, and whooping cough. If not vaccinated these diseases can spread throughout the public, and be considered deadly especially to young children and the elderly.

Creating a safe community is not reliant only on children receiving their vaccines. As new viruses become introduced, it is important for the mass public's health to create a barrier through vaccinations. Making this conscience choice can help lower the infectious disease rate thereby leading to less deaths and overall health complications related to these viruses.

The U.S. Department of Health and Human Services describes the body's natural immune systems as "a network of cells, tissues, and organs that work together to defend the body from harmful germs. When bacteria, viruses, and other germs invade your body, they multiply and attack. This invasion is called an infection. Infections cause the diseases that make you sick."

Populated areas make germs easier to spread. Through the learning experience of COVID-19, the public saw an incredible and undetected incubation period over a several week period where no symptoms presented themselves. This meant many did not know they were infected and continued going into community spaces where the virus transmitted to others.

Understanding the difference in vaccines and immunizations is vital. Immunity to viruses begin as the body's natural defense once infected or through a vaccine injection, nasal spray, or orally.

As explained by the U.S. Department of Health and Human Services, "Vaccines help your immune system fight infections faster and more

EMO AUGUST NEWS

Ebenezer Medical

Outreach INC

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AUGUST IS:

- **National Immunization Awareness Month**
- **National Breastfeeding Month**
- **Psoriasis Action Month**

PROGRAM NEWS

AND HIGHLIGHTS:

- **Immunization Importance**
- **What is Monkey Pox?**
- **Community Health Workers**
- **Upcoming Events Eye Clinic, Community Market, and Flu Clinic**

EMO appreciates your donations. If you would like to discuss donating today, call us at 304-529-0753.

You can donate at emohealth.org by clicking the donate button!



effectively. When you get a vaccine, it sparks your immune response, helping your body fight off and remember the germ so it can attack it if the germ ever invades again. And since vaccines are made of very small amounts of weak or dead germs, they won't make you sick. Vaccines often provide long-lasting immunity to serious diseases without the risk of serious illness.”

As new variants of COVID evolve, vaccines are consistently rolled out. CNET reports, “Dr. Eric Topol, professor of molecular medicine, called BA.5 ‘the worst version of the virus that we’ve seen.’ While we’re still living out the true effects of a BA.5 summer surge in the US, the new sub-variant is thought to whittle away much of the infection protection people got prior sickness, even with other omicron variants.”

With the new surges in differing strains and COVID variants, a new booster vaccine is scheduled to be ready starting in September 2022 for the BA.4 and BA.5 sub-variants.

MONKEYPOX UPDATE: The U.S. Centers for Disease Control and Prevention (CDC) recorded 39,434 Monkeypox cases worldwide as of Tuesday, Aug. 17. Around 39,047 of these are in locations that have not previously reported Monkeypox prior to this current outbreak. Monkeypox is classified as a viral disease and is in the same class as small pox.

Monkeypox symptoms include a rash, this skin irritation can go through several stages, including scabs, before healing. The rash is similar to pimples or blisters and can be both painful and itching. Scarring can occur from these rashes. Other symptoms can include fever, chills, swollen lymph nodes, exhaustion, muscle aches and backache, headache, respiratory symptoms (e.g. sore throat, nasal congestion, or cough). This viral rash is transmitted from skin to skin contact and can have an incubation period ranging upwards of three weeks. There are currently two vaccines available for Monkeypox.

PROGRAM NEWS & HIGHLIGHTS:

EYE CLINIC: Ebenezer Medical Outreach Inc. is hosting their Annual Eye Clinic in partnership with West Virginia Eye Institute Thursday, Sept. 8. To make an appointment, please call 304-529-0753. The eye clinic can help anyone needing prescription eye glasses go through an exam and purchase eyeglasses at an affordable cost.

FLU CLINIC: EMO is planning their annual flu clinic in partnership with Walgreen’s scheduled for Thursday, Sept. 8. To make an appointment, please call 304-529-0753.



WELCOME COMMUNITY HEALTH WORKERS:

The clinic is happy to announce they have hired two Community Health workers. Gavin Brandenburg and Jennifer Sheffield come to EMO with years spent working in the Huntington community. In a few weeks, they will assist EMO patients in managing long term chronic diseases. We are excited to welcome them to the EMO family!

UFI COMMUNITY MARKET: EMO is attending the next monthly installment of Unlimited Future Inc.'s Community Market scheduled to take place Saturday, Aug. 20, starting at 8 a.m. Fresh vegetables from local community gardens will be available for free! All are welcome to attend. The Community Fair is located within UFI's Parking lot, 1650 8th Avenue. Vegetables will be given away while supplies last.



COMMUNITY MARKET DAY

August 20th
8:00 am - 12:00 pm

***FREE Fresh Vegetables!**

PLUS some informational vendors attending: Ebenezer Medical Outreach, Sustainability Department- Marshall University, UFI Urban Agricultural Program

***While supplies last!**

Where: UFI Parking Lot @ 1650 8th Avenue, Huntington, WV



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