



National Minority Health Month Spotlights Health Inequality

The importance to provide health equality across all populations is a cause which April brings awareness to as it celebrates National Minority Health Month. The staggering statistics across diverse demographics can show the importance to advocate for creating more awareness and practicing preventative medicine across certain age ranges, socioeconomic statuses, and ethnic minorities.

Aetna describes their findings which details how minorities can have the highest death rates and shortest survival rates from cancer. Along with these higher mortality rates relating to cancer, minority populations can also be twice as likely to develop diabetes and have higher hypertension and stroke occurrences. National Minority Health Month is a time to focus on preventing these disparities, and encouraging preventing screening and testing.

Many factors leading to health disparities include not always having the options or resources to receive proper healthcare. The National Center for Biotechnology Information states, "Health inequities are systematic differences in the opportunities groups have to achieve optimal health, leading to unfair and avoidable differences in health outcomes."

EMO APRIL NEWS

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Visit us online at: emohealth.org

APRIL IS:

National Minority Health Month

Volunteer Appreciation Month

National Autism Month

National Month of Hope

**PROGRAM NEWS AND
HIGHLIGHTS:**

- Health Equality
- Gratitude to Volunteers
- Enrolling Pharmacy
- Community Garden
- NIP Credits & Donations

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They list these factors as, “differential access to opportunities for health include race and ethnicity, gender, employment and socioeconomic status, disability and immigration status, geography, and more.”

Ebenezer Medical Outreach Inc. has set out in their mission to overcome health inequality with providing healthcare to all, including the uninsured and under-insured. They can help provide preventative screening for colorectal and breast cancer, as well as testing and treatment options for diabetes and hypertension. These early screenings can help improve survival rates across racial and economic disparities.

THANK YOU TO OUR VOLUNTEERS!



For Ebenezer’s medical clinic to operate successfully, they rely on the kindness and caring hearts of many volunteers. Volunteer Appreciation Week is designated to begin Sunday, April 17, Ebenezer Medical Outreach Inc. extends their sincerest gratitude to their medical and dental residents. Due to their generosity, many residents in the area have received the treatment and healthcare needed to bring them a better tomorrow. Ebenezer Medical Outreach Inc. is always looking for extend their services, if you would like to volunteer please contact us at 304-529-0753.

PROGRAM NEWS:



SENIOR FAIR: In March EMO attended the Senior Resource Fair. Held on Thursday, March 10, at the CCCSO Building the event connected seniors with valuable resources in their community. Each vendor gave a brief presentation with time to meet and greet all in attendance. EMO handed out giveaways along with many applications for their services.

NIP CREDITS: EMO still has available Neighborhood Investment Program credits. These are a dollar for dollar match to any donation over \$500 received in West Virginia

State tax deductions. Donate today by visiting emohealth.org.

FARMACY ENROLLING: Is fresh produce becoming too costly at the supermarket? If you are an Ebenezer Medical Outreach Inc. patient, then you can receive your “prescription for wellness.” Along with educational cooking demonstrations, these patients can enroll into classes where each week they are provided with a fresh box of produce. EMO has participated in the statewide Farmacy program over the last two years, and with each year they have seen their patients not only lose weight, but lower blood pressure and manage pre-diabetes/A1C levels. All while eating fresh food. If you are interested in signing up for the 2022 Farmacy classes, call EMO to schedule an appointment at 304-529-0753.



COMMUNITY GARDEN: Along with enrolling in Farmacy, Ebenezer invites the community to help contribute to their newest addition to the Fairfield community, The Unity Community Garden. This garden is set to break ground over the next few months and is looking for volunteers who would like to help the garden grow. Whether you are an amateur houseplant grower or green thumb expert, EMO would appreciate all help to plant a future filled with success. To volunteer, contact EMO via their Facebook page or by calling 304-529-0753.

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