



EMO Celebrates Pride Month.



June is a time to celebrate the LGBTQ+ community! We are grateful to be a part of a welcoming community that received a perfect score from The Human Rights Campaign 2020 Municipal Equality Index, which ranked 506 U.S. cities of varying sizes on several factors, including nondiscrimination laws, municipal employment policies, inclusiveness of city services, law

enforcement with regard to LGBTQ persons and municipal leadership on matters of equality. We are a proud member of Huntington's Open to All campaign to promote inclusiveness among local businesses. We are here to care for your healthcare needs!

Ebenezer Medical Outreach, Inc.

1448 10th Avenue Suite 100
Huntington, WV 25701
304-529-0753

June 2021

June is

- Alzheimer's and Brain Awareness Month,
- National Safety Month
- World Sickle Cell Day, and
- National HIV Testing Day

Happy Pride all month long!

Happy Juneteenth!

EMO appreciates your donations. If you would like to discuss donating today, call us at 304-529-0753 or email Lara Lawson at laralawson@emohealth.org

You can donate at emohealth.org by clicking the donate button!

June Health Highlights

Alzheimer’s and Brain Awareness Month: Millions of Americans are living with Alzheimer’s or other dementias. As the size of the U.S. population age 65 and older continues to increase, the number of Americans with Alzheimer’s or other dementias will grow. Both the number and proportion will escalate rapidly in coming years, as the population of Americans age 65 and older is projected to grow from 58 million in 2021 to 88 million by 2050. The baby-boom generation (Americans born between 1946 and 1964) has already begun to reach age 65 and beyond, the age range of greatest risk of Alzheimer’s dementia; in fact, the oldest members of the baby-boom generation turn age 75 in 2021. Studies indicate that people age 65 and older survive an average of four to eight years after a diagnosis of Alzheimer’s dementia, yet some live as long as 20 years with Alzheimer’s dementia. This reflects the slow, insidious and uncertain progression of Alzheimer’s. (Source: 2021 Alzheimer’s Association Fact and Figures.)



National Safety Month: This is the 25th Annual National Safety Month organized by the National Safety Council. They remind us the importance of safety to our health—that we can prevent accidents and work to reduce them by using safe practices at work and at home! Safety is all about continuous improvement. How can you make your home and workplace safer than it is today? (Source: National Safety Council.)

World Sickle Cell Day: SiNERGe, in collaboration with Sickle Cell Disease Association of America, Inc. (SCDAA), will hold “Shine the Light on Sickle Cell,” a 24-hour awareness campaign, on June 19. This national awareness effort encourages community-based organizations, individuals, and anyone concerned about sickle cell disease. **One action you can take is to donate blood!** Check with the American Red Cross for donation sites.



HIV Testing Day: First observed on June 27, 1995, National HIV Testing Day (NHTD) is a day to encourage people to get tested for HIV, know their status, and get linked to care and treatment. We host community testing events regularly and plan to host one this fall. Stay tuned for the date! This day is particularly relevant to Pride Month, as gay, bisexual, and other men who have sex with men make up more than half of the people living with HIV in the United States and experience two thirds of all new HIV infections each year. Check out HIV.gov for more resources and to see if you qualify to receive an in-home testing kit! (Source: CDC.)

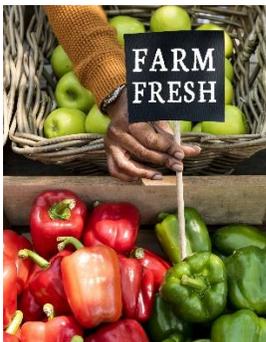
Program News



We are now the owner of **906 Douglas Street**! Here is a “before” photo, and we can’t wait to see the transformation! We are seeking donations to support the community garden. Checks can be mailed to 1448 10th Ave Suite 100 or donations can be made online at emohealth.org. You can also begin a fundraiser on Facebook to support the garden! Contact Lara at laralawson@emohealth.org, and she will help you set it up!

Our **Empowering Outreach** project kicks off this summer with funding from the West Virginia Minority Health Institute and the WV Office of Health Promotion and Chronic Disease. We will be creating some new online content to complement our Save our Sisters and My Brother’s Keeper programs. There is also a social media campaign to go along with this project. Be sure you are following us on Facebook to get the latest content and updates!

FIT on 10th, providing **YMCA memberships to 150 Ebenezer Medical Outreach patients will kick off starting in July**, and we are recruiting patients interested in improving their health through this year-long membership program. Regular exercise helps prevent or manage many health problems and concerns! This program is available for patients with a diagnosis of prediabetes, diabetes, hypertension, hyperlipidemia, or by physician discretion for another health condition that may be improved with exercise. We are grateful to our partners at **WVU Office of Health Services** and the **Huntington YMCA** for this amazing opportunity for our patients!



Farmacy Program: This program will begin for 2021 on June 11th! With this program, we partner with SNAP Family Nutrition educators to educate the program participants about healthy food choices and how to prepare them! Thanks to the Walmart Foundation, we can provide approximately **\$20 worth of fresh produce to 30 program participants** diagnosed with diabetes, high blood pressure, or obesity each week throughout the growing season and into the fall. On average, West Virginians who participated in the Farmacy program in 2020 **lost an average of 4.15 pounds** over the program period and lowered A1C levels, too!

Staff Updates



Aliyah Turley (left) joined us in late April as our Dental Assistant. We are so happy to have her caring for our dental patients' health!



Dr. White (left) presents Dr. Suliman (right) with his certificate of recognition for his service to Ebenezer. He is no longer a resident but is staying in the area to work for Marshall Cardiology. He intends to continue volunteering! We are grateful for his commitment to our patients!

Brenna Mitchell (center) receives her Appe Award from Marshall University School of Pharmacy. She was awarded preceptor of the year for Diverse Populations. We are so proud of her and grateful for her service here!



Juneteenth is the oldest known celebration commemorating the ending of slavery in the United States. Dating back to 1865, it was on June 19th that the Union soldiers, led by Major General Gordon Granger, landed at Galveston, Texas with news that the war had ended and that the enslaved were now free.

This year's Juneteenth Celebration will be held on
Saturday, June 19 from 12pm-6pm
at the A.D. Lewis Community Center Field.
Food / Fun / Vendors / Inflatables / Entertainment and more!
